The Triangle

Auxiliary of the Fleet Reserve Association
&& 2026

2026-2027

National President
Laurie A Starkey
856-294-1282
lafrastarkey@outlook.com

National Vice President
Stephen Toulotte
301-807-4822
steve2lotte@gmail.com

National Executive Secretary
Dorothy Smiley
757-240-7537
dsmileynationalchaplain@yahoo.com

National Financial Secretary
Cindy Rodham Tuck, PNP
508-238-3607
lafrapnpcindy@gmail.com

National Treasurer
Sharon Lippitt
908-507-0345
lafrasharonlippitt@gmail.com

Jr Past National President
Kelly M Pena
408-642-7722
Penakelly66@gmail.com

National Chaplain
Chrissy Willis
508-521-5664
chriswillis96@hotmail.com

National Parliamentarian
PNP Helen Courneya
775-882-9201
vpc-hac-patches@att.net

For Membership & Supplies
Contact NFS
PO Box 75
North Easton, MA 02356



From the Desk of the National President

Dear Auxiliary Members:

My deepest thanks to the Auxiliary for electing me National President for the 2026-2027 Association Year. My main goal this year is to move the Auxiliary forward and end the year with the Auxiliary even stronger than it was on October 2, 2026, the day I was installed as National President.

The National Board of Directors for the 2026-2027 Association Year is: NP Laurie A. Starkey, NVP Stephen Toulotte, NES Dorothy Smiley, NFS Cindy Rodham-Tuck, PNP, NT Sharon Lippitt, JrPNP Kelly M. Peña, RPNE/NEng Heathe Kelsey, RPEC Virginia Marie Jorden, RPSE Evelyn Davezan, RPHL Joseph Neal, RPNW Cindy Salsbury, RPWC Rosalee Desjarlais and RPSW Jinise Clagett-Rostrata. The National Parliamentarian is PNP Helen Courneya. The National Chaplain is Chrissy Willis. I look forward to working with the National Board of Directors this year.0

By the time this Triangle goes to print, I have made or have planned several official visits -- Unit 40 on October 20, 2026, and Unit 24's Las Vegas Night fundraiser on November 14, 2026. I am honored that FRA NP SD Martin invited me to attend the Veterans Day Ceremony at Arlington Cemetery on November 11, 2026.

My National President's Project for 2026-2027 is Mesothelioma Applied® Research Foundation a/k/a/ Meso Foundation. The Meso Foundation is a 501(c)(3) charity under the Internal Revenue Code. One of the reasons I chose this Foundation is because my dad, FRA PNP William E. Starkey, died from this disease and a lot of service members have also suffered and died from this disease. The Meso Foundation invests in research, provides education and support and advocates for federal funding of mesothelioma research to maximize progress of this research.

The Meso Foundation does these things in the following ways:

- Research - The Meso Foundation has awarded over $72 million in research grants to support highly innovative, promising studies around the world. Through the Meso Foundation's scientific peer-reviewed grant program, it is advancing research into effective treatments for mesothelioma, prevention, and early detection.

- Education - The Meso Foundation puts out multiple channels of educational materials including interviews with experts through their MesoTV and the Meet the Meso Experts series, a blog of cutting edge news, newsletters, and its symposium where patients can hear directly from medical specialists.

Continued on Page 2

Continued from Page 1

- Support - The Meso Foundation provides one-on-one consultations with its on-staff experts who can help an individual understand the basic and complex medical terms, symptom management, and if needed, refer an individual to a specialist. The Meso Foundation also provides financial assistance programs which include Financial Aid for integrative medicine, fertility services, childcare, and more, travel grants, peer-to-peer support, support groups, and one-on-one Support with its Oncology Nurse.

- Advocacy - The Meso Foundation advocates for federal funding of mesothelioma research to maximize progress through Foundation grants. As a direct result of Foundation advocacy, the Department of Defense has awarded a total of $28 million to mesothelioma research since 2008.

If you would like to make a donation, please mail your check made payable to " Auxiliary of the FRA" to NFS Cindy Rodham-Tuck, PNP, Auxiliary of the FRA, PO Box 75, North Easton, MA 02356. Please note in the memo portion of the check "NP Project 2026-2027"

Congratulations to those celebrating birthdays, anniversaries, or any special occasions! My thoughts and prayers are with those members and families facing illness or mourning the loss of a loved one.

In Loyalty, Protection and Service,
Laurie A. Starkey
National President 2026-2027

PICTURES

If your Unit is doing Installations, Presentations, or other special events, send us a couple of pictures to be posted in the Triangle. 1 or 2 would be great. 1. **WHO** (is in the picture) **WHAT** (the Event is) **WHERE** (the event is being held). You may email them to me at **dsmileynationalchaplain@yahoo.com**

Membership Stats as of September 30, 2026

MEMBERS As of 4/1/26	REI	NEW	TI	TO	RES	NP	DEC	INE	OTHER	ACTIVE MEMBERS as of 9/30/26
4227	91	216	58	60	0	287	27	0	0	4218

REI – Reinstated **TI – Transfer in** **TO – Transfer Out**
RES – Resigned **NP – Non-Payment** **DEC – Deceased**
INE – Ineligible

In Loving Memory of Our Departed Members

National Presidents

Judith Collins, Unit 31

Other National/Regional Officers

Pauline Worrel, Unit 91

Members

2026 Convention Updates

The National Officers Elected:

National President:	Laurie A. Starkey, Unit 31
National Vice President:	Stephen Toulotte, Unit 24
National Financial Secretary:	Cindy Rodham-Tuck, Unit 31

The following changes were made to the C&BLs and Standing Rules:

- Due to the name amendment, "Ladies" is to be taken out of the C&BL, Standing Rules, and any other form or document that has our name in it.
- Standing Rule 5(e) Sub-section 6 is amended to read: All application forms are obtained from FRA Headquarters or the FRA Website (www.FRA.org). Completed applications shall be forwarded to the National Executive Director, Fleet Reserve Association, 1600 Duke St, Alexandria, VA 22314 by 15 April of year in which applicant plans to enter the school or continue education.
- Standing Rule 5(a) is amended to read: Scholarships- Three Scholarships are established in the amount set by the annual budget, to be paid from the Scholarship Reserve Fund. This fund should be audited quarterly and annually by the National Financial Secretary and the National Treasurer's audit committees.
- Standing Rule 7(a) Sub-Section 4 is amended to read: All money donated for this project shall be received by the Auxiliary National Financial Secretary and deposited in a specially designated fund. This fund should be audited quarterly and annually by the National Financial secretary and the National Treasurer's audit committees.
- Standing Rule 14(a) Sub-Section 2 is deleted and therefore the subsequent subsection 3 becomes subsection 2.
- Standing Rule 16(a) is amended to read: Auxiliary National officers that have custody of Auxiliary funds shall be bonded under a Position Fidelity Bond. (ref. C&BL Article 904(c) as amended 2025).

Unit Report Winners:

Group 1:	1st Place - Unit 269 Low Country
	2nd Place - Unit 24, Annapolis
Group 2:	1st Place - Unit 20, Groton
	2nd Place - Unit 61, Chula Vista
	3rd Place - Unit 302, Carson
Group 3:	1st Place - Unit 137, Sierra Tahoe
	2nd Place - Unit 287, Livermore
	3rd Place - Unit 181, Navy Department
Group 4:	1st Place - Unit 40, Chesapeake
	2nd Place - Unit 294, Crossville

November 2026 Dates to Remember

Veterans Day	November 11, 2026
World Kindness Day	Friday, November 13
Thanksgiving Day	November 26, 2026
Black Friday	November 27, 2026

!!Remember!!

Please remember to be patient during the transition from the old membership program to the new membership program. The National Financial Secretary is working diligently to make this transition seamless. Should you have any questions during this time, please do not hesitate to contact either the National President or the National Financial Secretary.

!!Warning!!

It is that time of year when the scam emails start arriving in your email box. Please call the person who allegedly sent the email to confirm that they did send the email. The Auxiliary of the FRA will **NEVER** ask for money or gift cards. If in doubt, don't respond at all and just delete the email.

!!Reminder!!

The Unit Officers have to renew their dues on time, so their membership doesn't lapse. If the Unit Officer's membership lapses, the Unit is not in good working order.

Everyone is invited to transfer their paper Triangle to an e-mail Triangle. Please return the below form with your e-mail address to NES Dorothy Smiley (3836 Robin Hood Road, Norfolk VA 23513) or send an e-mail (that includes at least your name and your member number, if you have it handy, for a faster delivery method to dsmileynationalchaplain@yahoo.com

REPORT OF CHANGE OF ADDRESS AND OR E-MAIL ADDRESS FOR THE TRIANGLE

Date: _____

Name: _____ Member No: _____

Old e-mail address: _____

New e-mail address: _____

Old Address

Street: _____

City, State, ZIP: _____

New Address

Street: _____

City, State, ZIP: _____

MAIL TO: Dorothy Smiley, 3836 Robin Hood Road, Norfolk VA 23513

Remember to also notify Pat Suckow, NFS, of any change of address: LA FRA, PO Box 75, North Easton, MA 02356